

Falun Dafa

Truthfulness Compassion Forbearance

Falun Dafa (Falun Gong) is a spiritual practice based on the principles of Truthfulness, Compassion, and Forbearance with five sets of exercises. Falun Dafa is taught free of charge and is open to all. You are welcome to join our free Falun Dafa exercise classes. Please contact (by text) a site near you.

Website: en.falundafa.org

CONTACT



FalunDafa.org

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- Relieve stress
- Unblock energy channel
- Increase energy
- Improve physical and mental health
- Promote spiritual growth

www.falundafa.org

Free
Classes

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CONTACTS



How the **CCP** Seeks TO CONTROL AMERICA

**For decades, the Chinese Communist Party
(CCP) has worked to subvert the US from
every angle and has nearly succeeded**

- Politics
- Wall Street
- Demoralization
- Hollywood
- Censorship
- Propaganda
- Surveillance
- Business
- Education
- Opioids
- Intellectual Property
- Economy
- Media
- Pandemic
- Hacking
- Global Influence
- International Institutions
- Diplomacy
- United Front Operations

***These same tactics have also been used
in other countries around the world***

How **CCP** Seeks
to Control America



How Communism Specter
is Ruling Our World





前奥运名将黄晓敏

“法轮功给了我第二次生命”

前奥运名将黄晓敏说,从中国国家游泳队退役后,自己一直是伤病缠身,如果不是修炼法轮功,也许现在会躺在医院里。是法轮大法给了她第二次生命,自修炼大法后,她所有的伤病全部消失了。

光芒背后的辛酸

很多人只看见黄晓敏在世界泳坛上辉煌的成绩,但辉煌的光芒带给她的却是难以言喻的心酸和苦难。一九九四年,因长期强化训练,她经常出现关节及肌肉的拉伤、肌肉劳损及关节错位。她是游蛙泳的,随之带来的又是严重的腰椎间盘突出症状。由于身体的过度疲劳,难以及时恢复,心脏也出现了问题,时常心慌异常。面临大赛的话,黄晓敏就得靠药物强制治疗,以便参赛。风湿、心律不齐等病症,使她面临瘫痪危险。她去过多家有名的医院,但所有名医名药对她的伤病都无能为力,风湿病折磨到她膝盖以下已失去反应,她很清楚自己随时都会瘫痪。

为了活下来,黄晓敏只好在二十三岁那年早早退出体坛。然后退出之后,她的身体每况愈下,每次腰痛病发作时,要躺在床上半个月左右;仰卧时间长了、累了,还无力翻身侧躺,得靠父母扳头扳脚地帮忙。经常七、八点起床后,到八、九点钟脖子还直不起来,她知道那是全身瘫痪的预兆。再加上长期低烧、心脏偷停和心慌无力,使她夜夜难眠、郁郁憔悴,分分秒秒达到崩溃的边缘。翻身起床、取杯饮水、拥夜而眠这些日常举动,对她来说却是多么珍贵且难如登天。她经常早上起来脖子僵硬,就那样耷拉着。

明慧网: minghui.org
法轮大法: falundafa.org



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黄晓敏热泪盈眶地说:我如果不修炼法轮功,已经不在这个世上了,法轮功给了我第二次生命!

绝望后的柳暗花明

二十七岁时,有人告诉她:「晓敏,你赶紧炼法轮功吧,只有法轮功能救了你!」黄晓敏就开始学炼法轮功的动作,炼到第七天腹前抱轮动作时,她感到手上呼呼地往外冒凉气,感觉身体相当轻松舒服。她非常吃惊,因为当时在中国有很多气功,她从来没有信过,这一次她真的相信了气功祛病健身的神奇。后来黄晓敏明白了,因为她曾一年三百六十五天,天天泡在水里,体内充满了寒气、湿气。所以手上冒凉气是把这些气排出体外,使身体正常。从此以后,黄晓敏每天炼功,看法轮功的主要著作《转法轮》,不到半年,让她备受折磨、生不如死的顽疾全部消失了...

自由门翻墙软件(免费)

电脑版 <https://j.mp/fgp88>

安卓版 <https://j.mp/fgv88>

建议使用 IE、Edge、Chrome、Safari 或火狐等浏览器